



**Delivered Fresh and Wholesome Meals from Charmin's
Wholesome Foods Catering and Meals and the Club House
Restaurant**

**Delivered fresh on Monday, Wednesday and Friday's between 3:30-
6:00**

**Call order in by 6:00 pm on night before delivery for delivery next day,
if you don't reach us, leave a message and we will call you back to
confirm.**

**We cook fresh for the meals that are listed on the delivery dates, we
can also make up meals of anything that is on the restaurant
menu...for example on a Monday delivery, there may be Roast beef
and Parmesan Chicken listed...you could also order beef liver and
onions as that is a restaurant item and always available...or Beef
Lasagna, Chili, Quiche, Chicken Pot Pie....etc**

Order 4 or more meals for the month, free delivery

Less than 4 ordered at once, \$2.00 / Delivery

\$7.75 / Meal

Add small salad or soup and dessert or fruit \$10.00

Minimum Delivery \$10.00

Payable by cash, cheque or credit card

**Frozen Meals are also available, many of the monthly calendar items
are available at any times, We deliver frozen meals at a pre arranged
mutually convenient time, not on our fresh meal route, 4 or more at
once \$7.75 each**