



Charmin's Wholesome Foods Catering and The Club House Restaurant

153 Kent St., Lindsay, 705 464 2287 or 705 320 9828

Serving the Kawartha's for over 16 years!

We purchase all supplies 100% locally, employ locally, many items grown / produced locally!

Offers free home delivery of wholesome and delicious fresh meals and a **NEW** frozen meal program - (*free delivery* with \$10.00 minimum order in town or \$75.00 minimum order out of town)

Fresh Meal Program-\$10.00 / regular meal and includes small salad or soup and small dessert or fruit (small meals also available)

Frozen Meal Program- \$7.75 Meal alone

Frozen Meal Program

Deliveries Mon, Wed, Fri between 3:30 – 6:00, along with fresh meals, out of town, we can arrange different times

Minimum order of \$10.00 in Lindsay (**no delivery charge**)

Minimum order of 10 frozen meals out of town (**no delivery charge**)

byFollowing Meals Available...

Beef

Cheesy Beef Lasagna / 2 Vegetables

Roast Beef / Gravy / Mashed Potatoes / Vegetables *

Glazed Meatloaf with Mashed Potatoes / Vegetables
Beef Liver / Onions / Gravy / Mashed Potatoes / Vegetables
Savoury Stuffed Peppers with Vegetables*
Salisbury Steak / Gravy / Mashed Potatoes / Vegetables
Beef and Mushroom Bolognese and Spaghetti / Vegetables
Beef Stroganoff with Noodles / Vegetables
Shepherd's Pie (corn in centre) with Vegetables*
Beef Lombardi with Herbed Pasta and Vegetables
Beef Chili with Vegetables*
Savoury Cabbage Rolls with Mashed Potatoes, Vegetables*

Pork

Balsamic Pork Loin with Mashed Potatoes / Vegetables*
Glazed Ham / Scalloped Potatoes / Vegetables
Sausage with Sauerkraut and Pierogis and Onions / Vegetables
Pork Meatballs with Mushroom Sauce and Herbed Pasta
Pork Schnitzel with Dill Sauce

Chicken / Poultry

Pesto Chicken Florentine with Roast potatoes / Vegetables*
Cranberry Glazed Chicken Breast with Roast Potatoes / Vegetables
Roast Turkey / Stuffing / Gravy / Mashed Potatoes / Vegetables
Asian Chicken Stir Fry with Rice and Vegetables*
Chicken Breasts Pierre with Parsley Boiled Potatoes and Vegetables*
Salsa Baked Chicken / Roast Potatoes / Vegetables*
Apricot Glazed Chicken / Mashed Potatoes / Vegetables*
Italian Seasoned Chicken Thighs with Roast Potatoes and Vegetables
Honey Mustard Chicken Breast with Parsley Boiled Potatoes and Vegetables*
Chicken Spinach Lasagna with Vegetables
Tuscany Chicken Breast with Herbed Pasta and Vegetables
Garlic Rosemary Chicken Breast with Baked Macaroni and Cheese/Veg
Chicken Supreme with over Pasta
Chicken Pot Pie with Mashed Potatoes and Vegetables

Fish

Lemon Dill Salmon with Rice Pilaf / Vegetables* or Cod Au Gratin with Rice Pilaf and Vegetables

Vegetarian

Baked Cheesy Macaroni with Vegetables

Broccoli-Cheddar Quiche with Vegetables

Veggie Lasagna with Vegetables

Root Vegetable Stew with Chick Peas, mashed potatoes, Vegetables*

Gluten Free Options; marked with * above, also offering...

Beef and Mushroom Bolognese and Spaghetti / Vegetables

Beef Stroganoff with Noodles / Vegetables

Beef Lombardi with Herbed Pasta and Vegetables

Pork Meatballs with Mushroom Sauce and Herbed Pasta

Tuscany Chicken Breast with Herbed Pasta and Vegetables

Chicken Supreme with over Pasta

12 Ounce House-made Frozen Soup; \$3.50

Chicken Vegetable, Beef Barley, Harvest Squash, Curried Cauliflower, Cheesy Broccoli, Garden Vegetable, Potato-Leek

Fresh Salads, Reg. Size (delivered with meal order)

(Frozen meals can be combined with small salad or small 8 ounce soup and small dessert for \$10.00 special)

Garden, (Italian, Ranch Dressing), Caesar \$4.75 Coleslaw (small) \$1.75

Orange Almond with Raspberry Vinaigrette or Spinach with Poppy seed dressing \$5.50

Desserts

Pie, Cheesecake, Cake Specials \$3.25, House-made Cookies 2 / \$1.75

Blonde Brownies, Chocolate Marshmallow Squares, Sweet Marie Squares, plus \$1.75 each